

## **Mind, Body, & Spirit Club**

an After School Program  
of the Conrad Weiser Ministerium

You are invited to an after school program that will endeavor to nourish the Mind, Body, and Spirit of youth in a safe caring environment. The program will include:

- ☺ Mind: homework assistance and reading opportunities;
- ☺ Body: fun games and a healthy snack (while practicing good table manners); and
- ☺ Spirit: peer socializing, interaction with caring adults, opportunity to hear a positive faith message, and music.

We are seeking to offer youth a safe environment in which to have fun with friends, maybe make some new friends, receive help with homework and reading, nurture their spirit, have a light snack, and know that they are cared about by people in the community.

This program will take place after school at Conrad Weiser West Elementary from 3:30pm-5:00pm on the Tuesdays from October 11, 2016 through November 15, 2016 for 3<sup>rd</sup> and 4<sup>th</sup> graders enrolled at Conrad Weiser West Elementary School.



### **What to Expect**

Each Tuesday, we plan to have about 15-20 minutes of structured active play time (such as a relay race, jumping rope, zombie tag, and the like); 15-20 minutes of a faith-based teaching with a positive message (such as the story of the good Samaritan helping an injured stranger in need); 30 minutes of homework support and/or reading time (we will be offering help with homework for those students who have homework that evening, and helping with reading for those who have finished their homework); plus snack and music time.

### **What to Bring**

- Homework, Textbook(s), & Homework Agenda
- A book to read
- Sneakers
- Good Manners
- A Smile
- A desire to have fun, learn, and make friends

### **Who is Organizing the Program**

This program is being organized by churches in the Conrad Weiser Ministerium. Enclosed is a listing of the volunteering churches. All adult volunteers are required to complete the appropriate background checks and follow the school's child safety guidelines.

For more information about the MB&S Club program, please contact St. Paul's United Church of Christ (UCC) of Robesonia at 610-621-5770 or office@sprucc.org.

### Participating Churches

The following is a listing of those churches within the Conrad Ministerium who have members volunteering to lead this MB&S Club.

St. Daniel's Evangelical Lutheran Church of America  
Pastor: The Rev. Rebecca Knox  
480 Big Spring Road  
Robesonia, PA 19551  
610-693-5145  
stdanch@comcast.net  
www.stdaniels.com

St. Paul's United Church of Christ  
Pastor: The Rev. Dr. Benjamin Motz  
301 West Penn Avenue  
Robesonia, PA 19551  
610-621-5770  
office@sprucc.org  
www.sprucc.org

### Spiritual Diversity

Our volunteers are coming from Christian churches of different denominations. We value the religious diversity found within our community; we encourage individuals to continue with whatever faith community of which they are already a part; and we are *not* seeking to convert anyone from their present religion to that of one of our participating churches. None of our churches profess our denomination to be better than all other denominations, but rather we seek to work ecumenically with faith groups. We humbly seek to offer what we hope will be a helpful program to the youth of our community.

We will be offering prayer as a part of this program (such as before snack time). Youth will *not* be compelled to pray, but will be invited to pause in courteous silence during a prayer.

If you have additional questions about the faith and perspectives of participating churches, you can visit their websites and/or contact their pastors. That contact information is listed on the preceding page.