# Mind, Body, & Spirit Club

an After School Program of the Conrad Weiser Ministerium

You are invited to an after school program that will endeavor to nourish the Mind, Body, and Spirit of youth in a safe caring environment. The program will include:

- © Mind: homework assistance and reading opportunities;
- Body: fun games and a healthy snack (while practicing good table manners); and
- Spirit: peer socializing, interaction with caring adults, opportunity to hear a positive faith message, and music.

We are seeking to offer youth a safe environment in which to have fun with friends, maybe make some new friends, receive help with homework and reading, nurture their spirit, have a light snack, and know that they are cared about by people in the community.

This program will take place after school at Conrad Weiser West Elementary from 3:30pm-5:00pm on the Tuesdays from February 6, 2018 through March 13, 2018 for 3<sup>rd</sup> and 4<sup>th</sup> graders enrolled at Conrad Weiser West Elementary School.



# What to Expect

Each Tuesday, we plan to have about 15-20 minutes of structured active play time (such as a relay race, jumping rope, zombie tag, and the like); 15-20 minutes of a faith-based teaching with a positive message (such as the story of the good Samaritan helping an injured stranger in need); 30 minutes of homework support and/or reading time (we will be offering help with homework for those students who have homework that evening, and helping with reading for those who have finished their homework); plus snack and music time.

# What to Bring

Homework, Textbook(s), & Homework Agend
A book to read
Sneakers
Good Manners
A Smile
A desire to have fun learn and make friends

# Who is Organizing the Program

This program is being organized by churches in the Conrad Weiser Ministerium. Enclosed is a listing of the volunteering churches. All adult volunteers are required to complete the appropriate background checks and follow the school's child safety guidelines.

For more information about the MB&S Club program, please contact: St. Paul's United Church of Christ (UCC) of Robesonia at 610-621-5770 or office@sprucc.org.

# **Participating Churches**

The following is a listing of those churches within the Conrad Ministerium who have members volunteering to lead this MB&S Club.

St. Daniel's Evangelical Lutheran Church of America Pastor: The Rev. Rebecca Knox 480 Big Spring Road Robesonia, PA 19551 610-693-5145 stdanch@comcast.net www.stdaniels.com

St. Paul's United Church of Christ Pastor: The Rev. Dr. Benjamin Motz 301 West Penn Avenue Robesonia, PA 19551 610-621-5770 office@sprucc.org www.sprucc.org

# **Spiritual Diversity**

Our volunteers are coming from Christian churches of different denominations. We value the religious diversity found within our community; we encourage individuals to continue with whatever faith community of which they are already a part; and we are *not* seeking to convert anyone from their present religion to that of one of our participating churches. None of our churches profess our denomination to be better than all other denominations, but rather we seek to work ecumenically with faith groups. We humbly seek to offer what we hope will be a helpful program to the youth of our community.

We will be offering prayer as a part of this program (such as before snack time). Youth will *not* be compelled to pray, but will be invited to pause in courteous silence during a prayer.

If you have additional questions about the faith and perspectives of participating churches, you can visit their websites and/or contact their pastors. That contact information is listed above.

#### MB&S Sign Up Form

Please return this fo	rm to the Conrad	Weiser West Eleme	entary office	
Student Name				
Birth date	Grade	Phone		
Address				
City State Zip				
Parent/Guardian Name(s	s)			
Emergency Contact Pers				
Relationship				
Physician				
Recent injuries/illnesses that may impact participation Chronic injuries/illnesses that may impact participation Physical limitations that may impact participation Any custody issues of which we need to be aware?  Please explain all "Yes" answers  Yes / No Yes / No Yes / No				
Select One:  Sneaker Bunch: My child may walk home. **  ** There are NO Crossing Guards at this Time  Parent Pick-up: My child must stay at school to be picked up.  Release to Non-Parent/Guardian				
Name of Person Pic	king Up Child	Phone		
I hereby give my cactivities, and programs sunder the direction and so or images of my child tapromotion free of claims. In the event that we permission to the physic and administer treatment x-rays for the person name	rent/Guardian A child permission sponsored by hosti upervision of the laken while particily cannot be reached ian selected by the including but no	to participate in al ng congregations du nosting congregation pating in activities and in an emergency, e school or congress	Il special events uring the sessions ns. Any pictures may be used for we hereby give gations to secure	
Parent/Guardi	ian Signature		Date	